# Fitness & Sports



Joel Morris, a Barracuda teammate, powers through backstroke motions.

## Barracudas swim at local meet

By Keith McCain Swim coach

The Lakenheath Barracuda Swim Club sent a team to the Mildenhall village swimming pool to compete in a novice meet April

This type of meet is designed for young or beginner competitive swimmers. The small, nine-member delegation of swimmers aged 8 - 14 competed against teams from Mildenhall village, Bottisham and Stowmarket.

Due to the low number of swimmers, the team was unable to field swimmers for a quarter of the events, which led to the team's overall fourth-place finish.

The team result, however, said nothing about the quality of individual swims. The club took several first places and had per-



Photos by TSgt. Sam Shore

Amber Kozora, a top point scorer, uses the butterfly stroke to get across the Mildenhall village pool.

sonal best swims in most events. Top point scorers were Lecia Robinson, Amber Kozora and Rachel Sokoly.

In an attempt to fill every possible event, the team members were all heavily tasked, swimming a minimum of five events in a two-hour period and some with as many as seven events. Despite the high tempo and short rest periods, all of the swimmers achieved personal best times in at least one event and usually in multiple events.

A highlight of the meet was the last event which is a parents' relay. The Lakenheath coaching staff swam the event, beating everyone else by a wide margin. It was billed as four lengths of freestyle, which is the fastest stroke, but was easily won by the coaches in impressive style swimming butterfly.

For more information on the swim team, call the Lakenheath pool at Ext. 2815. The next meet is at 6 p.m. Saturday at Sudbury.

# High school spring sports begin

By Gary Webb "Jet 48" correspondent

The Blue Lady Lancers defeated London Central twice March 29, 28-3 and 13-3. Amy Jacobs, Jannica Ofsdahl, Amy Williams and Brandy Puckett continued outstanding hitting and defensive play. Freshmen Aja Robinson and Brandy Flores did a great job on the mound and won one game each.

#### Track schedule

Saturday at 11 a.m. – Alconbury vs. St. Ivo

April 26 at 11 a.m. – Croughton vs. Oxford

May 3 at 11 a.m. – American School in London vs. Copthal Stadium

May 10 at 11 a.m. – Hillingdon vs. Copthal Stadium

May 16 - 17 at 11 a.m. – the United Kingdom championships at Oxford.

May 23 - 24 – European Track Championships. The site will be announced

#### Softball schedule

Saturday at noon – Lakenheath High School Red plays at the American School in London April 26 at noon – Lakenheath High School Red plays Lakenheath High School Blue

May 3 at noon – Croughton plays at Lakenheath High School Blue. Lakenheath High School Red plays at Alconbury

May 7 at 3 p.m. – Croughton plays at Lakenheath High School Blue. Lakenheath High School Red plays at London Central

May 10 at noon – Lakenheath High School Red plays at Alconbury. American School in London plays at Lakenheath High School Blue

May 16 and 17 – United Kingdom tournament at Croughton

### **Sports Shorts**

## Football club ties with West Suffolk

The Liberty Football Club drew 1-1 with West Suffolk Crusaders Saturday.

Greg Buckley-Lowe drew first blood in the 35th minute on a spectacular crashing header, his fourth and final goal of the season. He PCSed yesterday. The Crusaders knotted things up in the 65th minute when they found a hole in the central defense. The Liberty club dominated the match and had several opportunities go awry. The score could have been embarrass

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